



The Meaning of Life, Part 7: The Afterdeath Experience

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- The Story of the Ex-Parrot!



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- “But he’s not really dead!?”



What is the purpose of physical life?

- Jane's concept of Idea Constructions.
- $e=mc^2$, all matter is really “frozen” energy.
- occurs in Framework 1 (linear time).
- “support” from Framework 2 (sim-time).
- YCYOR via intermingled, habitual belief systems.
- “The point of power is in the present.”
- Value fulfillment = our maximum development in cooperation with all species.

What is Seth's definition of death?

- Seth says that mind forms matter and existed *before* matter.
- We strongly identify with our bodies, which are really a “frozen” energy form.
- We “blink on and off” at tremendously quick rate.
- “The body you had ten years ago dear reader, is dead.” [Seth Speaks, session 535]

What is Seth's definition of death?

- Death is a state of becoming, i.e. not an eternal resting place.
- Our sleep state is similar to death in terms of not being physically oriented.
- “In many ways then, you are ‘dead’ now-- and as dead as you will ever be.”
[Seth Speaks, session 539]
- Everyone's death experience will be based upon their belief systems!

What is the afterdeath environment like?

- It's similar to our dream state, i.e. extremely thought-responsive.
- YCYOR immediately afterdeath too, based upon your belief systems.
- Lydia's experience in the first two Oversoul Seven books, a veritable "how-to" manual.
- William James' Afterdeath Journal; the Atmospheric Presence.

What is afterdeath transition all about?

- A process of “being divested of impeding ideas and symbols,” i.e. belief systems.
- Three basic, main options in our “time of choosing:”
 - work out the logistics of another life time,
 - relive and refine events from previous life,
 - choose a non-physical, sim-time experience.
- Explore our own aspect personalities.

What form will I have?

- Belief systems, belief systems, belief systems!
- Our form will, initially, be based upon our beliefs about needing a body.
- It is *the same* as what is conventionally called the “astral body.”
- “This image is inter-wound with your body now, but you do not perceive it.”
[Seth Speaks, session 537]



What senses will I be using?

- Depending on what body you choose, some type of our 5 “physical” senses.
- Our old friends the 9 inner senses, sort of like a set of super sixth senses.
- These operate constantly “beneath” normal waking consciousness.
- These are also used in meditative, dream, and out-of-body states.

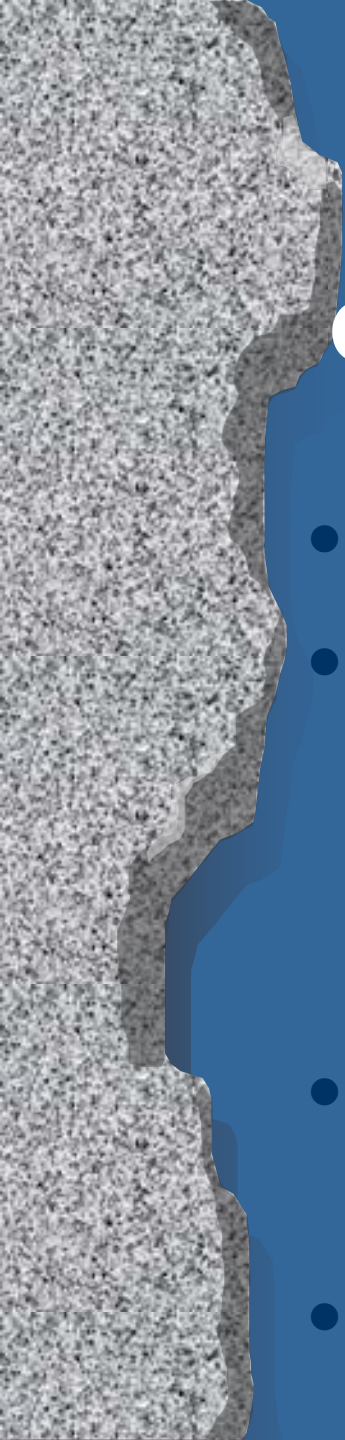
Are there helpers?

- Yes!
- There are “teachers” and “guides” available to explain conditions and circumstances.
- “hospitals” for the chronically sick.
- “rest areas” for the weary or traumatized.
- some of us do this while still physically oriented, i.e. Jane’s, Robert Monroe’s, others’ experiences.



Where does all of this happen?

- Try to imagine consciousness in terms of a vast spectrum of “frequencies.”
- Framework 3?
- This environment doesn’t exist in physical 4-D terms.
- It is intermingled with Framework 1 and Framework 2, but exists at a different “frequency” range.



How can I prepare for my own afterdeath experience?

- Explore YCYOR via your belief systems.
- “The best way to become acquainted with after-death reality ahead of time, is to explore and understand the nature of your own dreaming self.” [Seth Speaks, session #538]
- Explore out-of-body states, lucid dreaming, meditation.
- Exercise: create your own “rite of passage.”

Conclusions:

- Self examination and belief work is a must!
 - identify your own beliefs about your own death, afterdeath, and transition experience,
 - what do you wish to experience?
 - orchestrate your own, write it down and review it periodically.
- Make a personal commitment to learn about and pursue meditation, out-of-body, lucid dreaming experiences.

Conclusions:

- Find a method that works for you:
 - Rick Stack, Seth, William Buhlman, Robert Monroe.
 - keep a dream journal.
- Jane Roberts' American Vision, from The God of Jane: a Psychic Manifesto
 - there is no single source of TRUTH,
 - even Seth is a fallible source (sessions 47, 52)
 - we each have the means to pursue our own answers and definitions via YCYOR.